



Blooming Grove Herbal Remedies

Working the Intuitive Muscle

Do you struggle with trusting your own intuition?

In my Working the Intuitive Muscle program I teach you essential tools and create a tool box that will help you in building trust in your intuition.

- Learning not to take on the emotional baggage of others while still being empathic and compassionate
- Sharpening your intuitive skills and utilizing them like second nature
- Gaining insight into your own healing and how that impacts your life
- Living Your Intuition
- And much, much more!

Students learn to trust their intuition by conducting intuitive exercises and completing homework assignments.

Working the Intuitive Muscle Program

Includes:

- 3 45-minute phone sessions per month
- e-mail Mondays – each Monday you may e-mail me your questions
- 10% discount on all intuitive group classes

Program requires a 6 month commitment

My approach is a unique blend of intuitive/empathic abilities, essential oil protocols, hand analysis and support. What I find most rewarding is when through guided mediation someone meets their guides and teachers for the first time.

Jennifer Urezio